

Magnetic Neck Traction Instruction

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1. Upper air chamber
2. Lower air chamber
3. Valve for air passage under low pressure
4. Four cross connector
5. Blocking ball valve
6. Valve for deflation
7. Valve cushion
8. Air inlet ball
9. Nylon strap
10. Magnet



A 1



A 2

A. Detail of the ball valve for blocking the air flow

- A1 Open
- A2 Closed

B. Detail of the valve for deflation

- B1 Turn for deflation
- B2 Turn for air inlet



B 1



B 2

1. Place Neck Traction around neck, adjust the circle to appropriate size and fix the nylon strap in the front.
2. Fasten the air-release screw before pumping.
3. Adjust the clutching condition in the lower part of the circle, and traction angle as comfort dictates.
4. Hand pump until your neck is resting comfortably. After pumping, place the ball into the upper pipe to prevent the air from leaking out.
5. The machine may be used 20-30 minutes for medium and minor traction, and 1-3 minutes for major traction.
6. Begin gently with medium and minor traction, then moving on to major traction if comfortable. 2-3 times daily for 10-20 days.
7. After use, push back the ball first, expelling air as gradually as possible by slowly turning the screws. Do not squeeze the device.